The Bishopdale Bulletin

Up the garden path

Have you visited the south end of Bishopdale Village Mall recently? The path that spans the new village green has now been laid and six cherry blossom trees have been planted. The job was a real community effort and involved a number of local individuals and organisations. It was a great example of what can be achieved when people from all parts of the community work together.

The first sod of turf was turned over by Vic Daniel, a volunteer with Bishopdale Community Trust, who has expertise with a mechanical digger. Initially a straight path had been planned for the village green, but it was thought that a slightly curved path would make the space look a little more interesting. Vic joked that he was picked to dig out the path because everyone knew he'd be unable to drive the digger in a straight line! Local company Urban Paving, based at Sawyers Arms Road, kindly loaned the digger at no cost.

The next stage was the boxing of the path, which created a mould for the concrete to be poured into. The wood for the boxing was supplied by Mitre 10 Papanui, and was laid by members from Waimairi and Burnside tennis clubs and Christchurch and Sunrise Rotary, and volunteers from the Bishopdale MenzShed.

The concrete was donated by Allied Concrete. Two of their staff, Mike Smith and David Baker, went the extra mile to ensure it was poured well and covered with a non-slip coating. The orange and yellow colours that were added to the concrete to brighten the path were kindly donated by Peter Fell Ltd in Avonhead.



The concrete pouring attracted a lot of attention, and many people stopped to watch as the path appeared before their eyes. A couple of children from one passing family were so enthralled that they didn't want to leave the site and were given the opportunity to

place their handprints on the path. Unfortunately, one child's hands were so small they failed to make much of a mark in the concrete. However, the imprints of the other child's prints can clearly be seen in the orange concrete at the end closest to Ōrauwhata: Bishopdale Library.

The cherry blossom trees were installed by the Council, and quickly settled into their new location, blossoming very soon after arriving on the green.

Once the path had hardened the soil was raked back continued on page 3

Celebrate Bishopdale & Skate Jam are back!

Celebrate Bishopdale is a free annual family event where everyone can come together as a community to celebrate living in Bishopdale. It's a great family fun day where you can enjoy a wide range of performances, stalls, activities and food.



The event is held at Bishopdale Park and includes entertaining stage performances from local school groups, artists and organisations. There will be numerous information stalls, have a go activities, and arts and crafts. There is food for sale on the day and local groups will be selling their wares for fundraising.

New in 2019 is the addition of the Bishopdale Skate Jam at the nearby skate bowl. It's an energising event for the kids held in conjunction with Celebrate Bishopdale.

It is aimed at eight to 15-year-olds but suitable for younger or older audiences or for a family to attend. Come along and have a go if you haven't skated before and enjoy skate demonstrations, competitions, learn to skate sessions with the Skate Skool team and a free Hellers sausage sizzle. Free skateboard hire available.

Let's catch up with...

Heather Walls from Bishopdale Community Trust



Heather Walls is the chair of Bishopdale Community Trust (BCT) which runs Sundbye Community House at 100 Farrington Avenue.

Are you a native Cantabrian?

No, I was born in the UK in Liverpool, then moved to North London to live with my grandparents after the death of my father when I was two.

How long have you been in New Zealand?

I came to NZ as an child evacuee when I was six, then returned to the UK after the war ended. I then came back to NZ as a child migrant at the age of fifteen and have lived here ever since.

After my marriage, I lived in several different places, mostly in the South Island, as both my husband and I were teachers and moved around to different positions. When my husband died in 1986 I moved back to Christchurch and after a further twelve years teaching I retired and continued to live here. Five of my six children live locally, with one living in the UK.

How did you get involved with the Bishopdale Community Trust?

I am a member of the Christchurch North Methodist Church and was asked to join Eric Park, who initiated the formation of the trust, as the other parish representative on the original committee.

There were representatives from the six churches and organisations involved and we worked together very well to ensure that all arrangements were made. A community worker was appointed and everything was ready to go by the beginning of 2000.

In the initial months we worked in a small room in St David's Church, Wairakei Road, where we began with a small group of people involved in a 'Get to know your neighbour' group which met regularly for morning tea

and a chat. Later, we were offered the rental of the present Sundbye House by St Margaret's Church.

The community worker began a group for mothers at Bishopdale School, which met fortnightly and over a 'cuppa' talked about a huge range of topics that touched their lives. I was able to help with this group and enjoyed the interaction with the mums and children who came.

Around that time we began a delivery of surplus bread supplied by Northlands Baker's Delight, initially making deliveries to schools and individual homes three times each week.

When and how did you become chair of BCT?

I became chair in 2004 when Eric moved on to other activities and soon after, moved to Wellington. He was a hard act to follow, but he had left everything highly organised with the trust making a good impression on the Bishopdale area. As a board, we have continued to build on this beginning.

The trust is 20 years old this December. How do you feel about that?

Yeah! Congratulations to all the board members, the staff, the volunteers and the supporters who have contributed to the trust over those 20 years. You have done a magnificent job. Our visitor numbers are growing, our volunteers are very faithful and do a fabulous job, our staff are superb, our board keep things moving along and our supporters are our life blood. What more could any organisation want, except more of each! Thank you, thank you, thank you.

What do you feel most proud about during your time at the trust?

As chair of the board, I am most proud of the way the trust and its people have worked through difficulties over the years, lack of funding, changes of staff, melding of people from different backgrounds and interests, meeting the needs and wants of such a variety of different people, and many other things that have cropped up during that time.

Everyone has played their part in resolving issues and the trust is now growing well, with input from everyone, making Sundbye House a place where friends meet and strangers get to know each other.

As a board we are very proud to have been sponsors of the Menzshed and have seen it grow from being just an idea to a well established autonomous group.

On a personal level, I am most proud of the card making classes that we hold each term. It is great to see the lovely cards made by those who come and to see the satisfaction on people's faces when they make something which gives them so much pleasure.

What are the biggest changes in the trust, and also in Bishopdale, you've seen over your time here?

The biggest change in the trust has been the growth in both numbers attending and activities that are offered. We are always looking for good ideas, so if anyone has anything to suggest or offer, please come and see Chris Coles, the community development worker at Sundbye House.

About 15 years ago someone who remembered making birthday cards with me one day in the mother's group we ran, asked if I could help some of the people at the trust make some Christmas cards. True to the trust's pattern, it was agreed, and I set up one afternoon's activity. Since then it has grown and we now run a three week card-making course each term. The other spin off has been a group of card makers meeting each Monday afternoon to share the activity and new techniques. Acorns grow into oak trees!!

The shopping areas in the Mall have changed dramatically over the years, particularly after the earthquake, with more changes to come when the medical hub is open. Change is life, so Bishopdale is alive and well!

What makes you smile?

People who smile and say 'Hello' as they walk past me. My friends. People I meet in Sundbye House. My family and especially my three great grand children.

For more information on Sundbye House visit bishopdalecommunity.org.nz or pop into 100 Farrington Avenue, Mon - Thurs, 10am - 3pm.

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continued from page 1: up against the boxing by Bill Greenwood and Chris Coles from the Bishopdale Beautification Project Group and MenzShed members Michael Hayes and Rusty Saunders. The excess soil was then taken away by the Council.

After all this hard work the project group has been thrilled to receive overwhelmingly positive feedback from the public. Many people have said how much better the southern end of the mall looks now.

The project group would like to give a huge thank you to everyone involved in the completion of stage one. The second stage of the project, the painting of a mural on the wall of the business school, is due to begin shortly. Watch this space!

Genealogy group anniversary

In September the Bishopdale Branch of the New Zealand Society of Genealogists (NZSG) held its 25th birthday.

Those attending the meeting at the Hub in Bishopdale listened to a talk on DNA by Bruce Holme, the Canterbury Regional representative for the NZSG. This is still a mystery for many but the more members hear on the topic the clearer the subject becomes!

The meeting was followed by a cake cutting by Anne Mee, a foundation member, and Marcia Baker, an Honorary Life member. Attendees then enjoyed the cake, drink and conversation.



Genealogy celebrations, left to right: David Holme, Marcia Baker, Anne Mee



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CHILDREN and YOUNG PEOPLE

4th Christchurch Boys Brigade Company meets Thursday nights, 6-18 years from 5.00pm-9.00pm. Phone Phil Mardon on 03 359 0149 at St Margaret's Church office.

Babytimes/Wā Pēpi: Rhymes, movement and music. Korero pukapuka, puoru, korikori. Fridays 10.30am -11.00am during term time for under 2 year olds. Ōrauwhata: Bishopdale Library and Community Centre.

Bishopdale Cranmer St John Youth Division: Meets at St Paul's Church Meeting Room, 1 Harewood Road on Wednesday evenings from 13 Feb. Penguins 6-8yrs 5.30pm-6.30pm; Green Cadets 8-10yrs 6.30pm-8.00pm; Blue Cadets 11-12yrs 6.30pm-8.00pm; Gold Cadets 13-18yrs 6.30pm-9.00pm. We have a variety of activities including first aid, interest badges, camps, fun nights and leadership training. For enquiries please phone 027 332 3660.

Girls Brigade meets Tuesdays 5.30pm-7.00pm for girls aged 5-16 years at St Margaret's Hub, 94 Farrington Ave. Phone Fiona on 03 359 0149.

Jumpstart: A free fun programme offered to children ages 6 to 11. Held fortnightly on Fridays during school terms at 392 Wairakei Road. Includes games, lessons, crafts, snacks and more games. Ring 03 359 9247 for more information.

Playgroup: A chance for Mums to chat while children experience a safe and fun environment with age appropriate activities. Morning tea provided. Gold coin donation per family for each session. Fridays at 10.00am-11.30am during school terms in Youth Hall, 392 Wairakei Rd.

St John's Anglican Church Mainly Music: (cnr Cotswold Avenue and Kingrove Street) has a thriving Mainly Music session. We meet on Tuesdays at 10am in our Hall, for our music for pre-school (0-5) aged children and finish with morning tea. All welcome to attend. Phone Lynne on 03 359 9692 if anyone would like to know more.

St. Margarets Mainly Music Group has moved to Isleworth School Hall, Farrington Avenue, Bishopdale. We meet on Tuesdays with morning tea starting at 10:00am, followed at 10.30am by our preschool music session, finishing at approximately 11.15am. From new-born babies through to 4 year olds, and their parents/caregivers enjoy a time of music, movement and friendship. Places are available. For further info please contact the church office on 03 359 0149 or Maree on 027 359 3559.

Storytimes/Wā Kōrero: Stories, movement and music. Korero pukapuka, puoru, korikori. Wednesdays 10.30am - 11.00am during term tme for over 2 year olds and over. Ōrauwhata: Bishopdale Library and Community Centre.

YMCA Activities: afterschool programs for basketball, miniball, gymnastics, and hip hop dancing. Gymnastics program for pre-schoolers. Ring YMCA Bishopdale on 03 359 8320 or visit www.ymcachch.org.nz/children/recreation/bishopdale/

CRAFTS and WOODWORK

Bishopdale MenzShed meets Tuesdays and Thursdays at 1.30pm at the old Kendal Ave Scout Den at 55A Kendal Avenue. MenzShed brings men together in a space to share skills, have a laugh and work on practical tasks, either individually on personal projects or as a group for the Shed or wider community. Contact Richard Rendle on 03 359 7275 or rendle@xtra.co.nz.







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Volunteer! Sundbye House is looking for volunteers to help with our regular Monday coffee mornings and Thursday lunches. If you have time to help once or twice a term please get in touch with us on 03 359 1741 or bctoffice@xtra.co.nz.



Cotswold Preschool & Nursery

Spaces available in both our nursery and preschool. Drop by for a visit anytime. Our opening hours are weekdays 8:30am - 3:30pm, including school holidays. We are now offering 24 FREE HOURS to our 3-4 year olds.

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Bishopdale Spinning Group: Learn the art of spinning and knitting. 1st and 3rd Friday of each month. 10.00am-1.00pm at Meeting Room 1, Ōrauwhata: Bishopdale Community Centre. \$4 per visit. Contact Jess for more information on 027 202 2038.

Card Making Club: a weekly club for keen greetings card makers wanting to meet others with similar interests to share ideas and techniques. Basic equipment required. New members are always welcome. Cost \$4 per week. Mondays at 1.00pm-2.30pm during school term at Bishopdale Community Trust, 100 Farrington Ave. Phone 359 1741 for more information.

Craft, Crochet & Knitters Group: bring your own craftwork and have some good laughs. A friendly, informal group with a helpful tutor. Gold coin donation. Wednesdays, 1.00pm-3.00pm at Bishopdale Community Trust, 100 Farrington Ave. Phone 03 359 1741.

Kiwi Coffin Club is open every Friday from 1.00pm-4.30pm at the Menzshed, 55A Kendal Ave. Come along and chat over a coffee.

Knit 'n' Yarn: Tuesdays 1.00pm-3.00pm. Bring along your current craft project and enjoy a social crafting time with others. Ōrauwhata: Bishopdale Library.

FITNESS, DANCE and MOVEMENT

Bishopdale Badminton Club: Fun, social badminton for men and women over 40. The club meets Tuesdays at 1.00-3.00pm at the Bishopdale YMCA and costs \$6 per session. For more information contact Jackie on 03 343 4645, 022 072 1656 or Jackie.derose30@gmail.com.

Bishopdale Table Tennis Club: social table tennis for adults every Wednesday and Friday at 10:00am-12.00pm at Bishopdale YMCA. \$5 per session, no joining fee, no subs. Phone Jean on 022 160 4421. Look forward to seeing you!

Bishopdale Tennis Club: 35 Leacroft Street. Contact Senior Club Captain Andrew Stanton and Junior Administrator Andrea Stanton on 03 359 1605. All are welcome, very reasonable subs, large junior section, and a friendly club. New members, come along and try out our great facilities. Resident Coach – Gareth Robb.

Bowls Papanui: friendly, local club offers 50% off for new members, special rates for students, free shirt, excellent facilities and a coaching and buddy system. Come and try out the sport for all ages! Newcomers are most welcome. Contact Bev Baxter on 03 359 6017, Barry Holland on 03 352 6158 or visit bowlspapanui.co.nz for more information.

Chans Martial Arts: teaches both kung fu and tai chi on Monday and Wednesday evenings at New Apostolic Church, 352 Wairakei Road. Kung fu: 6pm - 7:15pm; tai chi: 7:30pm - 8:30pm. Contact Nick Haslett (kung fu) on 027 406 0337 or Manle Chan (tai chi) on 021 027 59028 or visit chansmartialarts.com for more information.

Delta Rhythmic Gymnastic Club: if your daughter is interested in dance and gymnastics, this could be the sport for her. We have beginners recreational classes most days for girls 5 to 10 years. To learn more about our club see our Facebook page - Delta Rhythmic Gymnastic Club Inc. or phone 03 354 5552.

SevaLight Hatha Yoga Classes: Thursdays, 6.30-8.00pm. Get fit while bringing peace, balance and upliftment to your whole being. Beginner's welcome. SevaLight Retreat Centre for Self-Realization, Pure Meditation Healing and



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LEARN COMPUTING FOR FREE

Ara Bishopdale, located in Bishopdale Mall, runs Computing For Free, a self-paced learning programme for anyone who wants to gain formal computer skills for employment, or learn the basics of computing and Microsoft software.

Timetables are very flexible and you can choose which sessions you attend. For more information ring 0800 24 24 76 or visit ara.ac.nz.



Counselling, 100 Highsted Road. Phone 03 359 8507 or visit www.sevalightretreatcentre.nz.

Indoor Bowls takes place March - September every Wednesday at 7.30pm at Christchurch North Methodist Church, 68 Harewood Road. New players are most welcome. For more information ring Lester on 03 323 8184.

Nia Dance & Fitness: Nia Dance & Fitness: Feel lighter, happier, and more energised as you move to music with a blend of movements from martial arts, dance and yoga. Nia classes encourage you to move freely and are suitable for all ages and fitness levels. Three classes each week at the St Albans Uniting Church. For more information contact Stephanie on 027 416 8283 or steph@stephaniedemay.com or visit www.PlensoryMovement.com.

Papanui Walking Group Join us on a gentle 30 minute walk and exercise programme. Meet new people and feel great! Wednesdays, term-time, 1.15pm. Walks leave from St James Park entrance, opposite Dalriada Street. Phone 03 941 8999 for more information.

Scottish Country Dancing: Starts Thursday 7 March. Come to the Burnside Scottish Country Dance Club for fun, friendship and fitness. Thursday, 8.00pm-10.00pm at Isleworth School Hall, Farrington Avenue, Bishopdale. Experience is not needed, wear some soft soled shoes and come and join us. Contact 03 327 0193 for further info.

SevaLight Retreat Centre for Self-Realization, Pure Meditation Healing & Counselling: offering weekly Yoga classes, Pure Meditation teaching and open Pure Meditation Evenings, Healing, Counselling, Retreats, and much more... 100 Highsted Road. Phone 03 359 8507 or visit www.sevalightretreatcentre.nz.

Tai Chi classes are run on Wednesdays at 11.30pm at St John's Church, Chedworth Avenue. Come along!

Tai Chi Classes: Thursdays 1.30 - 2.30pm at Bishopdale YMCA. Enhance your physical and mental wellbeing with slow gentle effective movement. Experienced instructor. All welcome. Enquiries to Gai on 027 827 2791.

Wednesday Wanderers Walking Group meet at 10:30am Wednesday at Bishopdale Community Trust, 100 Farrington Ave. A very friendly group, all abilities are welcome. Walks are 30 minutes around Bishopdale. Phone 03 359 1741.

Women's Social Walking Group meet at Sundbye House, 100 Farringrton Avenue at 10:00am on Tuesdays. After the walk, the group heads back for a coffee or tea at Bishopdale Community Trust. Please wear appropriate clothing for the weather. Please phone Chris on 03 359 1741 for more info.

Zumba with Missy: Newbies are welcome. Monday 9:30am at Ōrauwhata: Bishopdale Community Centre, Tuesday 6:10pm at Wairakei School, Wednesday 9:30am at Bishopdale Seventh Day Adventist Church, and Saturday 10.00am at Mairehau High School. New class - Strong30 - on Tuesday 9:30am at Bishopdale Seventh Day Adventist Church. Cost: \$8.00 per visit / concession card available. For further information call Missy on 021 194 6413 or visit https://misato123.zumba.com. For free trial text 021 194 6413.

FOOD and SOCIAL

Christchurch Widow and Widowers Social Group

The group welcomes new members aged late 50s and up for outings, friendship, movies, walks, dinners, etc. We meet once a month. Please phone Claire on 03 354 3976 or Carol on 03 981 4125 for more information.

Coffee and Friendship Group at Bishopdale Community Trust, 100 Farrington Ave. Come along and enjoy morning tea with others. We'd love to see you! Mondays 10:30am-11:30am. Gold coin donation.

Community Lunch at Bishopdale Community Trust.
Delicious soup, toast and good company! All welcome,
Thursdays from 11:30am at Bishopdale Community Trust,
100 Farrington Ave. Gold coin donation.

SEATED GAMES

500 Card Playing Group: Wednesdays at 1.00-3.00pm. Beginners welcome. \$2 per session. Bishopdale Community Trust, 100 Farrington Ave. Phone 03 359 1741 for more information.

Bishopdale Bridge Club: Wednesday Bridge, 11.00am-2.30pm at Ōrauwhata: Bishopdale Community Centre. Table fees \$5.00. Enquiries Janet Stokes 03 352 1440.

Bolivia Card Game Club: New club at Bishopdale Library. Held every Thursday 1pm -3pm. Come along and try it out. Tuition Cards and Holders provided. Contact Chris on 027 549 3828 or Genny on 021 607 821 for more info.

Book and Jigsaw Library: Bishopdale Community Trust, 100 Farrington Avenue. Open Monday to Thursday, 10.00am -3.00pm.

Jigsaw Puzzle Library: Saturdays 10.30am-12.00pm. Reese Room, Papanui Methodist Church, Chapel St. New members welcome.

Rummikub Club: Come along and enjoy a friendly game of Rummikub in the library. Some games are provided but you're welcome to bring your own. No need to book, just turn up and play! Mondays 1.00pm-3.00pm. Ōrauwhata: Bishopdale Library.

Scrabble Club: A friendly game of scrabble in the library. Wednesdays 1.00pm-3.00pm. Ōrauwhata: Bishopdale Library.

Scrabble Group: Come along and play scrabble with a friendly group. Exercise your brain and have fun. 9:45am Tuesday mornings. Gold coin donation. Bishopdale



Northwest Branch: Term 4 talks

Fridays 10.00am - 11.30am. Talks begin at 10.30am. \$4 per session. Morning tea included.

Chapel Street Hall, corner Chapel St and Harewood Rd.

8 Nov Christchurch North Community Patrol

with Sam Hall

22 Nov Collecting Toys with Allan

29 Nov Mercy Hospital Ship with Christine Lloyd

6 Dec Social Media with Ian Wells

14 Dec Palliative Care with Vicki

For more information please contact Jan Tedesco on 03 351 9796, Barbara Miller on 03 352 5451 or visit

cwea.org.nz.

Community Trust, 100 Farrington Ave. Phone 03 359 1741 for more information.

Social Housie: First Thursdays of the month from 1.00pm. \$2 per session. All welcome, 100 Farrington Ave. Phone 03 359 1741.

SPEAKERS, BOOKS and INFO

Bishopdale Book Club (BBC): Join our friendly group of readers to discuss your favourite books and current reads. There's no set book to read, just come along and join our relaxed and friendly social book chat. Second Monday of the month at 10.00am-11.00am or last Thursday of the month at 1.00pm-2.00pm. Ōrauwhata: Bishopdale Library.

Bishopdale Branch of the NZ Society of Genealogists meets on the 4th Thursday January to November in the Hub, 94 Farrington Avenue, Bishopdale at 7.30 pm. Visitors welcome, \$3 door charge. Contact Lis 03 3543993 or Fran 03 352 5605.

Bishopdale Ladies Club (formerly Probus) Good monthly outings and speakers. Meets at the Bishopdale Reformed Church, 90 Highsted Road on the second Monday of the month February to December at 10.00am. Contact Lyn on 03 359 6387 or Leonie on 03 359 6401 or 027 476 3144.

Bishopdale Toastmasters Club Do you want to develop your public speaking skills, so you can speak confidently in front of an audience? The club meets every Thursday 7.25pm-9.00pm upstairs at Bowls Papanui, 181 Condell Avenue next to Edgar MacIntosh Park. Phone Jess on 03 352 3933 for more information.

Christchurch North Lions Club meets second and fourth Wednesdays of each month at the Papanui RSA at 6.00pm for social activities, a meal and then meeting about future activities to help local communities. For more information, contacts and news bulletin visit www.e-clubhouse.org/sites/christchurch_north. We are always pleased to have new members so if interested contact President Maurice Cribb on 03 352 6942.

JP Clinic: Wednesday 10:00am–1:00pm. A Justice of the Peace will be available to members of the community, to witness signatures and documents, certify document copies, hear oaths, declarations, affidavits or affirmations as well as sign citizenship, sponsorship or rates rebates applications. No charge for this service. Ōrauwhata: Bishopdale Library.

Northwest Branch WEA meets Fridays at Christchurch North Methodist Church, (cnr Harewood Road and Chapel Street) 10.00am-11.30am. Cost \$4. For more information please contact Jan Tedesco on 03 351 9796 or visit cwea.org.nz

NZ Stamp Collectors Club for enthusiasts or beginners. Meet on 1st Wednesday of each month at 1.00-3.00pm at Christchurch North Methodist Church (cnr Harewood Road and Chapel Street). Visitors and new members welcome to buy, sell, swap or just chat. Phone Ross Stanton on 03 359 9815 or Shirley Bone on 03 359 9025.

Papanui Combined Probus Club The Club wishes all members and those "baby boomers" contemplating joining, all good wishes for the festive season and looking forward to seeing you next year on the first Tuesday in February at 10a.m. at the Papanui RSA 1 Harewood Rd. Enquiries Marie 03 351 7708 or Sian 03 359 0057.

Rotary Club of Bishopdale Burnside meets on Monday nights 6.00pm-7:30pm for networking, guest speakers and

for planning future community projects. Contact David Conroy on 03 358 5555 or check bishopdale-burnside-rotary.com for more information. Don't wait to be asked, we'd love you to be involved.

Bishopdale Skate Park consultation

The Council will be renewing the skate area at Bishopdale Park. The proposed design looks to replace many of the current features with plaza/street style ones that largely caters to beginners and will include features that appeal to intermediate skater and riders as well.



They'll be going out for consultation on the design in November and this will be your opportunity to let them know what you think. They'd love to know what features are important to you, what you think works and if you have any suggestions.

So keep an eye on the Council's 'Have your say' page for this upcoming project. You can contact Aliesha Esker on aliesha.esker@ccc.govt.nz or 03 941 8355 for more information or to ask for an email notification when this opens for feedback.

The team will be available to talk to at the Bishopdale Skate Jam/Celebrate Bishopdale community event on Sunday 24 November (if wet Saturday 30 November).

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Uganda Mission Abundance 2019

Amanda and Maria from Unichem Bishopdale Pharmacy have recently returned from their journey to Africa, working with Kyampisi Childcare Ministries (KCM), and are feeling incredibly privileged to have been part of an amazing experience. The days were long – typically with 5.30am starts, returning to base around 6pm-6.30pm, followed by a care team debrief, then a full team debrief and planning for the next day. However, the length of the days was never a problem as the visiting team and the local team were a fantastic group of like-minded people, who made sure there was plenty of work done but with an element of humour and energy that lifted everyone.

One of the key highlights was the medical camp day. Amanda and Maria were 2 of the 3 Kiwi pharmacists all from Canterbury (joined by an ex-pharmacist from Aussie later in the day), with 4 nurses from Uganda. They provided just over 1000 prescriptions for people, working from a tent, and in very different conditions to those we are used to. They were well supported by some of the boys from the construction crew later in the day who provided much needed cups of tea! This was also the day people received the glasses donated by the Bishopdale Community - over 120 pairs of glasses plus 30 pairs of sunglasses. The local people working on the construction site received the sunglasses, which



Maria with over 120 pairs of glasses, provided by our Bishopdale Pharmacy community. All glasses were cleaned, had their prescription measured and labelled thanks to Marcia and the team at Foate Optometry, Bishopdale.

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were much needed for both the sun and eye safety.

Other highlights included taking the kids from the Rehab centre swimming (organised chaos...) and meeting Mercy, the child that the pharmacy sponsors.

If you are interested in finding out more about their trip or about KCM, or if you are interested in making a donation that will go directly to KCM to support this special cause, please visit the pharmacy website at bishopdalepharmacy.co.nz

DO YOU HAVE AN IDEA FOR THE NEW VILLAGE GREEN?

When completed the village green, located on the site of the old library and community centre, will feature a path, six flowering cherry trees, a drinking fountain, a full wall mural, panel art by five local schools, and two large table/seating sets.

WHAT ADDITIONAL FEATURES DO YOU THINK WOULD ENHANCE IT?

Between 17-30 November you can write down any ideas on a form at Orauwhata: Bishopdale Library or simply email them to bishgreen05@gmail.com.



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NEW LOCATION: Shop 11b, Bishopdale Mall, next door to the Furniture Warehouse **Phone 03 359 9869**

Also at 29 Harewood Road, Papanui next to the railway line by St Paul's Church.

Monday - Friday 10am to 4.30pm Saturday 10am - 2.30pm Closed on Sundays

Donations of books are appreciated. Pick ups can be arranged.

St Christopher's Community Trust PO Box 79-124, Christchurch 03 358 5505

Published by Bishopdale Community Trust Sundbye Community House, 100 Farrington Avenue 03 359 1741 / bctrust@xtra.co.nz www.bishopdalecommunity.org.nz FB @bishopdalecommunitytrust



Turkey Beach Productions Digital Printing 125 Williams Street, Kaiapoi Contact: 03 662 9066 / turkeybeach@hotmail.com